

THE PINK ELEPHANT PROMISE:

“Any time there is something on my mind that I’ve been unwilling to express out of fear of either rejection or criticism, I will invoke the Pink Elephant and request that, in doing so, we both recognize that this is an issue that is being brought up only with the goal of strengthening our relationship; that we agree to listen to and communicate with each other without anger, judgment, or defensiveness; and that we allow this conversation to act as a basis for further discussion, so we can understand, explore, and learn from each other’s perspectives.”



pinkelephant
project